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Going the Distance...Digitally!

Fall 2020

TDLS 2021

It is confirmed - TDLS will be online in March 2021! TDLS will feel different, but it will still be the conference one and all enjoy attending! Please hold March 3, 4, and 5 on vour calendar and be on the lookout for the call to present soon.

TDLS 2021 will be free to attend. We know our educators and administrators are always looking for Distance Learning strategies, innovative resources and tools, impactful practices, and other resources to implement at your school sites. TDLS will fit your educator and learner needs!

If you enjoy learning from OTAN and other adult educators, TDLS is for you. Please check the TDLS website at https://tdls.otan.us/ for regular updates on the call for proposals, registration, and schedule.



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Silver Linings in the Time of COVID-19

he start of the 2020-2021 school year is like no other that we can recall. Most schools are still under the guarantine that began in the middle of March. And it's not clear when closed schools will be able to reopen for in-person classes and services.

The last six months have been difficult for all of us in the adult education family. However, so many teachers, staff, and schools (and students!) have risen to the occasion to continue working remotely. Although it's easy to dwell on the negative, we



Word cloud from September New Administrator Training What are the positive student outcomes in distance learning?

are also encouraged by what adult educators are doing to continue the learning and serve students.

Of course, adult educators have learned a ton of digital skills to work online, not only for themselves but to share with students. Students have told their teachers that they like the online format, especially when it helps them overcome barriers like transportation and finding childcare to participate in classes. Schools report that they are able to offer classes online that they hadn't considered before,

giving students options that didn't previously exist, and schools have moved services online. in some cases perhaps for good. Along the way, students are learning new skills in the realms of time management, becoming college-ready, as well as digital



At OTAN, we've tried to provide as much training as possible and we're heartened that so many educators have participated in our offerings. In

mid-June, we reported the results of a survey we sent to the field on what support OTAN could provide moving forward and have made some of those changes. For example, we now offer more webinar series and we are continuing OTAN Office Hours, both in response to the field.

As the school year continues, we hope to share more stories of how adult education is positively responding to remote learning. Contact OTAN if you have a story you would like to share. And stay tuned!

2020 Students Succeed Winners

TAN is happy to announce the winners of our 2020 Students Succeed program who reached their goal with support, guidance, and perseverance! Congratulations to Crystal Espinoza and Logan Hindle!

Like many people, Crystal Espinoza had been through some very difficult times in her young life: becoming a teen parent, marrying young, suffering from domestic violence, going through a divorce, and losing family members, including one of her own children. All the while, she still dreamed of earning her high school diploma, so she enrolled at Clovis Adult Education in 2017.

Crystal quickly realized that she needed to multitask while juggling school, work, and family. She was determined and remained motivated to stay in school, work, and still make time to be a great mom. She faced many challenges but stayed focused.

While at Clovis Adult Education, Crystal was a leader and role model, encouraging others to not give up and reach their goals. Her teachers said she was such a positive and inspirational



Crystal Espinoza Clovis Adult Education Students Succeed Winner 2020



student. Crystal felt that the Clovis Adult faculty and staff equipped her with the tools she needed to be successful, not only in academics but in life.

Crystal earned her diploma; it's now time to chase new goals. She is attending Fresno City College and plans on transferring to Fresno State to earn her bachelor's degree and a special education teaching credential. Having a son in special education inspired her to work in that field.

Crystal was a speaker at the Clovis Adult Education 2018 graduation. She was also the recipient of the AT&T-Central California Women's Conference-TRiO scholarship. Crystal was recently hired as an instructional aide for the special education department in Clovis Unified School District. ©



Logan Hindle Charles A. Jones Career and Education Center Students Succeed Winner 2020

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A Poem by Paige Endo

hen the shelter-in-place order was issued for California, our adult education family scrambled to ensure we were safe, secure, and could continue our learning. In that process, communication became our critical tool to learn, understand, discover, and connect. The following poem was shared by Paige Endo, Vice Principal at Mt. Diablo Adult Education.

What is communication like during COVID-19, you ask?

It is <u>consistent</u>, like the messaging from our district superintendent to connect, engage, and support...and to "turn **to** one another and not **on** one another"...

It is <u>heartfelt</u>, like the compassionate e-mails from Parent Ed instructors expressing care, offering tips for providing daily structure and simple activities for their preschoolers, and reminding parents to take care of themselves, too...

It is <u>patient</u>, like the repeated explanations, over and over, to students, families, and even staff on how to log into Zoom and mute...unmute...mute!

It is <u>heart-warming</u>, like the Adults with Disabilities students' exchanges of

greetings and good-byes, reminiscent of The Waltons' "Good-night, John Boy;" and it is <u>hard</u>, like the coordinators/teachers trying to answer the students' burning question: "When can we go back to school?"

It is <u>practical</u> and <u>relevant</u>, like the email to Asperger's/high-functioning autistic students outlining protocols of appropriate and definitely inappropriate wardrobe and actions after the first ear and eye-opening Zoom class...

It is <u>steady</u>, like the mantra used with 35+ ESL teachers: "We are not behind, we are making a coordinated effort, we need to maintain the integrity of our levels." And it is <u>speedy</u>, like the race to provide resources, training, Zoom practice, distance learning, and Google Classrooms to everyone **yesterday**...

What is communication like during COVID-19, you ask?

Communication is <u>nourishing</u>, like blood carrying oxygen to all parts of the body; it is <u>necessary</u> for connections, relationships, classes, and agencies to stay alive...and thrive! ©

New OTANians



Renee Collins Adult Education Director

OTAN has a strong reputation for providing high quality professional development and programming for the adult education field. Who wouldn't want to be a part of that?!" **Renee Collins** does and is a great addition to OTAN's staff. Hired as the Director of the Adult Education Division, Renee now oversees OTAN, CAEP TAP, and CAERC.

Renee has held varying administrative positions, including Director of Student Services at Yolo COE, Director of College and Career Readiness at Washington USD, and Program Administrator of Adult Education at Elk Grove USD.

In her previous positions, Renee also utilized the resources provided by OTAN. She says that over the years, "I personally have benefitted from many of OTAN's services," including workshops, the OAR site application, reporting and course approvals, and finding lesson materials.

Renee loves the water! Sailing, motor-boating, and swimming are among her favorite things to do, as well as hiking and exploring new destinations. Quiet times include reading and trying to keep up with her mother's book club!

Welcome to OTAN, Renee!@





n the past few months, we've all had to rely heavily on technology in order to communicate with others. With everything going on, we need to remember to relax and take care of our bodies. Try the following:



The 20-20-20 rule: Every 20 minutes, look at something

20 feet away for at least 20 seconds. This will help minimize eye strain.

Remember to blink! Studies show that we blink three times fewer than normal while using a computer, which leads to dry eyes and a higher risk of the corneas becoming scratched. If necessary, use lubricating or refreshing eye drops to restore moisture to your eyes.

Using CTRL and +, enlarge your text! Smaller text makes you squint and hunch forward, which causes eye strain and poor posture.

Stay hydrated! While staring at a computer screen for long periods of time can cause headaches, chances are you're also not drinking enough water.

Stand up and stretch every hour for at least five minutes to get your blood flowing.

Try the 4-7-8 breathing technique: inhale for four counts, hold your breath for seven counts, and exhale for eight counts. Repeat this 3-7 times, or until you feel calm.

If you're able, join a video call from your phone, thus giving you the freedom to move around or get some fresh air. ${\mathfrak S}$

A huge shout out to all the adult education administrators, educators, and support personnel who have embraced, whether by choice or not, distance and hyflex learning models as we roll out our fall programs. In recent Regional Network meetings, over 90% of agencies reported having a start up plan in plane



having a start-up plan in place and professional development to support it. That is a huge undertaking and I want you to know it is recognized!

In September, OTAN held its annual OTAN Advisory Committee virtually. More than 30 of your colleagues, a mix of teachers, administrators, and adult education partner organizations, met to celebrate the successes, address the challenges, and develop a plan for best supporting the adult education field with the integration of technology and support of distance and blended learning. Some of the items we will address include:

- Teaching digital literacy remotely, including support for parents of K-12 learners
- Leveraging statewide licensing for curriculum pilots
- Exploring learning management systems to better align with K-12 or community college programs
- Developing new webinars for website and document accessibility and integrating assessment and technology with instruction

While always looking forward and innovating, OTAN has a lot to offer you now. I encourage you to stay connected with OTAN through our website, newsletters, digests, OTAN Tech Talks, OTAN Office Hours, webinars, and trainings. We are here for you and wish you all the best with your fall term.

Renee Collins Adult Education Director



Scan these QR codes to learn more about these exciting OTAN resources!



Visit our COVID-19 Field Support page for resources and information to help you teach and assist students in a remote learning environment.



Watch our videos to learn about teaching tools and resources and a variety of OTAN programs.

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